

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Gnoß, Marcel	00:16:43	3384		SV 1919 Sonsbeck e.	1997	1	MHK	00:16:42	1
2		2	Beus, Armin Gero	00:16:47	3383		SV 1919 Sonsbeck e.	1994	2	MHK	00:16:45	2
3		3	Kruck, Karsten	00:16:51	1320		bunert - Der Moerser	1978	1	M40	00:16:49	3
4		4	Schramm, Michael	00:17:19	196		ASV Duisburg	1980	1	M35	00:17:09	4
5		5	Neuens, Jan	00:18:02	3313		ASV Duisburg	1997	3	MHK	00:18:00	5
6		6	Veltges, Lukas	00:18:02	2462		Moerser TV Leichtathl	2002	1	MJ U18	00:18:02	6
7	W	1	Wehr, Katharina	00:18:29	3322		TV Wanheimerort	1996	1	WHK	00:18:19	1
8		7	Kaste, Till	00:18:48	990		VfL Merkur Kleve	2004	2	MJ U18	00:18:46	8
9		8	Uzkureit, Luca	00:18:49	544		INEOS Solvents Germ	1997	4	MHK	00:18:46	7
10		9	Ottersbach, Jan	00:18:52	942		medora running team	1992	5	MHK	00:18:51	9
11		10	Bullermann, Tim	00:18:58	1264		LG Pudelhoden	1982	2	M35	00:18:56	10
12	W	2	Vernikov, Sonja	00:19:00	898		ASICS Frontrunner -	2001	1	WJ U20	00:18:50	2
13		11	Winnen, André	00:19:09	3408		Spendenlaufteam Bu	1971	1	M45	00:19:08	11
14		12	Friedrich, Frank	00:19:18	1118		Bunert Moers/Duisbur	1971	2	M45	00:19:17	12
15		13	Kühn, Christian	00:19:20	2549		Darmgesund in Moers	1985	1	M30	00:19:18	13
16		14	Lerch, Frank	00:19:31	3210		D-Town-Runners	1975	2	M40	00:19:27	15
17		15	Gisbers, Jens	00:19:33	3237			1991	6	MHK	00:19:30	16
18		16	Löll, Thorsten	00:19:35	1242		AS Neukirchen-Vluyn	1971	3	M45	00:19:26	14
19		17	Schüttrigkeit, Tim	00:19:37	540		INEOS Solvents Germ	1996	7	MHK	00:19:35	17
20		18	Tempesta, Michael	00:19:40	749		AS Neukirchen-Vluyn	1983	3	M35	00:19:36	18
21		19	Brauckmann, Jürgen	00:19:45	3217			1966	1	M50	00:19:44	20
22		20	Overfeld, Amin	00:19:47	542		INEOS Solvents Germ	1992	8	MHK	00:19:45	21
23		21	Haupt, Marcel	00:19:49	2545		Darmgesund in Moers	1979	3	M40	00:19:47	23
24		22	Schaaf, Markus	00:19:50	1485		BSG ENNI	1994	9	MHK	00:19:42	19
25		23	Kazimierczak, Adrian	00:19:51	117		Bundeswehr	1993	10	MHK	00:19:50	24
26		24	Kexel, Sebastian	00:19:54	457		Darmgesund in Moers	1995	11	MHK	00:19:46	22
27		25	Kerkhoff, Christoph	00:19:56	1342		TuS Xanten	1974	4	M45	00:19:54	25
28		26	Mahlerwein, Sebastian	00:20:02	946		Marathon Dinslaken	1983	4	M35	00:19:58	26
29		27	Vogel, Tilmann	00:20:06	2580		Darmgesund in Moers	1963	1	M55	00:20:05	28
30		28	Räker- von Eicken, Kai	00:20:07	1448		Bunert Duisburg	1975	4	M40	00:20:04	27
31	W	3	van Hüüt, Annika	00:20:08	1416		LG Alpen	1990	2	WHK	00:20:07	3
32		29	Granzen, Thorsten	00:20:09	1421			1968	2	M50	00:20:06	29
33		30	Reinecke, Dominik	00:20:09	1263		Becker Plus	1981	5	M35	00:20:08	30
34		31	Radstaak, Jens	00:20:18	982		Schleupen AG	1977	5	M40	00:20:14	32
35		32	Junghänel, Michael	00:20:20	1580		NRZ-Heimatläufer	1973	5	M45	00:20:14	33
36		33	Hecker, Erik	00:20:21	940		LT Krefeld 91	1971	6	M45	00:20:11	31
37	W	4	Schwarzer, Liv	00:20:22	2460		Moerser TV Leichtathl	2002	1	WJ U18	00:20:21	4
38		34	Löll, Markus	00:20:31	547		INEOS Solvents Germ	1974	7	M45	00:20:29	36
39		35	Stämmler, André	00:20:34	1499		LT Trümmertruppe	1993	12	MHK	00:20:28	35
40		36	Kexel, Florian	00:20:37	459		Darmgesund in Moers	1996	13	MHK	00:20:28	34
41		37	Bechem, Tom	00:20:39	526		FDP Moers	2001	1	MJ U20	00:20:36	37
42		38	Peuser, Matthias	00:20:39	1228		Rumelner TV	2000	2	MJ U20	00:20:37	38
43		39	Eckholt, Lukas	00:20:42	824		LG Alpen	2004	3	MJ U18	00:20:41	39
44	W	5	Tiefenbach, Selina	00:20:44	797		LC Adler Bottrop	1997	3	WHK	00:20:43	5
45		40	Rosenau, Kai	00:20:47	3096		EDEKA	1996	14	MHK	00:20:46	41
46		41	Sendler, Hanno	00:20:50	2570		Darmgesund in Moers	1983	6	M35	00:20:42	40
47		42	Scholzen, Nico	00:20:50	2459		Moerser TV Leichtathl	2003	4	MJ U18	00:20:47	44
48		43	Jendrzeczyk, Martin	00:20:52	1250		LEMKEN Lauftreff	1983	7	M35	00:20:46	42
49		44	van Dongen, Werner	00:20:53	3190		TSV Weeze	1959	1	M60	00:20:52	45
50		45	Speidel, Kai	00:20:53	622		VfL 08 Repelen	2003	5	MJ U18	00:20:47	43
51		46	Broß, Dominik	00:20:54	1513		NRZ-Heimatläufer	2004	6	MJ U18	00:20:52	47
52		47	Pollack, Ulrich	00:20:58	820		STV Hünxe	1954	1	M65	00:20:53	48
53		48	Freitag, Thomas	00:20:59	709		Moers	1972	8	M45	00:20:54	49
54		49	Bax, Dominik	00:20:59	3254		Moerser TV	2001	3	MJ U20	00:20:56	51
55		50	Mehlan, Florian	00:21:04	1486		BSG ENNI	1990	15	MHK	00:20:55	50

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56		51	Koch, Thomas	00:21:04	138		Running Team Grafen	1981	8	M35	00:20:59	52
57		52	Köhnen, Dirk	00:21:05	1249		LEMKEN Lauftreff	1962	2	M55	00:20:52	46
58		53	Ingenbleek, Johannes	00:21:07	833		SV Viktoria goch	1961	3	M55	00:20:59	53
59	W	6	Campbell, Jessie	00:21:08	963		Bayer Uerdingen-Dor	1995	4	WHK	00:21:06	6
60		54	Szewczyk, Nils	00:21:10	783		Filder Benden	2005	7	MJ U18	00:21:08	56
61		55	Nipken, Ruben	00:21:10	549		INEOS Solvents Germ	1991	16	MHK	00:21:06	54
62	W	7	Hettkamp, Saskia	00:21:11	1565		NRZ-Heimatläufer	1997	5	WHK	00:21:08	7
63		56	Heidemann, Sebastian	00:21:11	1481		BSG ENNI	1984	9	M35	00:21:06	55
64		57	Sperlich, Egbert	00:21:15	541		INEOS Solvents Germ	1965	3	M50	00:21:11	57
65		58	Broß, Thorsten	00:21:16	1517		NRZ-Heimatläufer	1971	9	M45	00:21:13	58
66	W	8	Kaiser, Anne	00:21:17	3456			1984	1	W35	00:21:14	8
67		59	Piecha, Andreas	00:21:18	881		Marathon Dinslaken	1961	4	M55	00:21:16	60
68		60	Ozwirk, Felix	00:21:19	470		Darmgesund in Moers	1991	17	MHK	00:21:14	59
69		61	Rademacher, Helge	00:21:19	706		Lauffreunde Hadi Wes	1963	5	M55	00:21:17	62
70		62	Peuser, Uwe	00:21:29	1230		SC Bayer 05 Uerding	1960	6	M55	00:21:17	61
71		63	Hilgers, Uwe	00:21:30	563		AS Neukirchen-Vluyn	1968	4	M50	00:21:22	65
72	W	9	Müller, Theresa	00:21:30	1449		AS Neukirchen - Vluyn	2002	2	WJ U18	00:21:28	9
73		64	De, Düsi	00:21:31	3457			1983	10	M35	00:21:21	64
74	W	10	Verfürth, Elisa	00:21:33	624		VfL 08 Repelen	1993	6	WHK	00:21:32	10
75		65	Hessels, Luca	00:21:36	1440		AS Neukirchen-Vluyn	2002	8	MJ U18	00:21:35	67
76	W	11	Born, Michaela	00:21:37	840		TSV Weeze	1963	1	W55	00:21:35	11
77		66	Lünenstraß, Jens	00:21:39	74		Aachen	1996	18	MHK	00:21:21	63
78	W	12	Dülks, Nicole	00:21:40	960		Becker PLUS	1979	1	W40	00:21:38	13
79		67	Behrens, Fabian	00:21:42	1294		SV Viktoria Birten	1995	19	MHK	00:21:41	69
80		68	Isenmann, Stefan	00:21:43	473		Darmgesund in Moers	1964	7	M55	00:21:40	68
81		69	Schefthaler, Andreas	00:21:44	111		SV Viktoria Goch	1971	10	M45	00:21:34	66
82	W	13	Dirkes, Stephanie	00:21:45	1319		Bunert Duisburg Moer	1976	2	W40	00:21:36	12
83		70	Langert, Noah	00:21:48	968		LG Alpen	2007	9	MJ U18	00:21:45	70
84		71	Langert, Tobias	00:21:54	966		LG Alpen	1978	6	M40	00:21:50	71
85		72	Birkenfeld, Gero	00:21:56	2291		Gym. Filder Benden	1972	11	M45	00:21:54	74
86		73	Heck, Thorsten	00:21:58	1317			1986	2	M30	00:21:53	72
87		74	Werner, Julian	00:22:02	964		Bayer Uerdingen-Dor	1995	20	MHK	00:21:59	75
88		75	Höing, Jona	00:22:02	914		Weseler TV	2005	10	MJ U18	00:22:01	78
89		76	Kremers, Christian	00:22:06	1255		LEMKEN Lauftreff	1987	3	M30	00:21:54	73
90		77	Claßen, Niklas	00:22:07	1170		SV Sonsbeck 1919 e.	2004	11	MJ U18	00:22:07	82
91	W	14	Freitag, Lisa	00:22:08	2452		Moerser TV Leichtathl	2003	3	WJ U18	00:21:58	14
92		78	Kujawski, Andreas	00:22:09	452		Darmgesund in Moers	1981	11	M35	00:22:00	76
93	W	15	Querl, Imke	00:22:10	1233		Team IMU	2004	4	WJ U18	00:22:03	15
94		79	Kaste, Jörg	00:22:10	1465		Bataver Lauftreff Em	1967	5	M50	00:22:06	81
95		80	Schneiders, Ralf	00:22:10	1660		NRZ-Heimatläufer	1967	6	M50	00:22:06	80
96		81	Kallen, Stefan	00:22:10	1290		Bauhof-Express	1984	12	M35	00:22:05	79
97		82	Marczinik, Sebastian	00:22:17	1483		BSG ENNI	2002	12	MJ U18	00:22:12	83
98		83	van Boekhold, Dominik	00:22:17	3065		EDEKA	1981	13	M35	00:22:00	77
99	W	16	Seegers, Claudia	00:22:18	1282		TSV Weeze	1962	2	W55	00:22:16	16
100		84	Wisomirski, Timo	00:22:21	2194		MTV Hockey	2003	13	MJ U18	00:22:13	84
101	W	17	Niesner, Melanie	00:22:21	565		DJK SG Tackenberg	1985	1	W30	00:22:21	17
102		85	Slotosch, Marcel	00:22:22	344		Stadtverwaltung Moe	1994	21	MHK	00:22:18	85
103		86	Fuchß, Michael	00:22:24	1553		NRZ-Heimatläufer	1962	8	M55	00:22:19	86
104	W	18	van Hüüt, Christina	00:22:25	1466		LG Alpen	1987	2	W30	00:22:22	18
105		87	Csire, Norman	00:22:30	1103		Fechtclub Krefeld	1973	12	M45	00:22:24	87
106		88	Kleiner, Lars	00:22:34	1596		NRZ-Heimatläufer	1976	7	M40	00:22:26	88
107		89	Hülfenhaus, Martin	00:22:41	1035		LG Stadtwerke Hilden	1965	7	M50	00:22:28	89
108	W	19	Joosten, Judith	00:22:41	3393		SV 1919 Sonsbeck e.	1994	7	WHK	00:22:31	19
109		90	Schittko, Günter	00:22:42	908		Marathon Dinslaken	1959	2	M60	00:22:38	91
110	W	20	Grein, Yvonne	00:22:47	961		Becker PLUS	1980	2	W35	00:22:45	20

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		91	König, Gerd	00:22:49	739		aus Spaß am Laufen	1964	9	M55	00:22:41	93
112		92	Börke, Friedel	00:22:50	1073		Homberger TV	1963	10	M55	00:22:41	94
113		93	Reichel, Volker	00:23:01	110		Neuss	1978	8	M40	00:22:36	90
114	W	21	Binsfeld, Birgit	00:23:04	858		LG Alpen	1977	3	W40	00:23:00	21
115		94	Rosanowski, Emil	00:23:05	178		Stadtverwaltung Moe	2001	4	MJ U20	00:23:01	100
116		95	Gläser, Lennart	00:23:06	392		TV Vennikel	1999	22	MHK	00:22:52	97
117	W	22	Stefaniak, Nikola	00:23:06	626		VfL 08 Repelen	1997	8	WHK	00:23:04	22
118		96	Schepers, Ragnar	00:23:07	913		Weseler TV	2005	14	MJ U18	00:23:05	102
119		97	Zaydan, Anno	00:23:07	3185			2005	15	MJ U18	00:22:50	96
120		98	Abels, David	00:23:09	3257		TVk	2006	16	MJ U18	00:23:06	103
121		99	Strelow, Torsten	00:23:10	3352			1972	13	M45	00:22:40	92
122		100	Funk, Stefan	00:23:11	1113			1986	4	M30	00:22:59	99
123	W	23	Jochum, Hannah	00:23:12	382		OSC Waldniel	2006	5	WJ U18	00:23:07	24
124		101	Kexel, Christian	00:23:13	461		Darmgesund in Moers	1995	23	MHK	00:22:43	95
125		102	Kalthoff, Andreas	00:23:13	56		Moers	1967	8	M50	00:23:04	101
126		103	Frohn, Ingo	00:23:17	1552		NRZ-Heimatläufer	1969	9	M50	00:23:16	108
127		104	Schuermann, Dominik	00:23:20	3448			1984	14	M35	00:22:58	98
128		105	Maier, Frank	00:23:21	550		INEOS Solvents Germ	1965	10	M50	00:23:15	105
129		106	Steidl, Bernhard	00:23:23	999		Triathlon Team Rhein	1964	11	M55	00:23:15	106
130		107	Kühnen, Johannes-Wilhel	00:23:23	30		TSV Weeze	1959	3	M60	00:23:18	110
131		108	Moser, Carsten	00:23:27	3179			1973	14	M45	00:23:20	112
132	W	24	Schwerdtfeger, Julia	00:23:28	3278		LBN Duisburg	2005	6	WJ U18	00:23:05	23
133	W	25	Zachrau, Antonia	00:23:29	3439		Biosport	2004	7	WJ U18	00:23:22	25
134		109	Rink, Pascal	00:23:30	3381		LT Vynen	1980	15	M35	00:23:16	107
135		110	Scholl, Markus	00:23:31	3366		ASV Duisburg	1977	9	M40	00:23:20	111
136	W	26	Koschlk, Antonia	00:23:36	3437		SV 1919 Sonsbeck e.	2003	8	WJ U18	00:23:28	26
137		111	Anhut, Michael	00:23:38	472		Darmgesund in Moers	1967	11	M50	00:23:26	113
138		112	Url, Leonard	00:23:39	1367		Gymnasium Adolfinu	2005	17	MJ U18	00:23:28	114
139		113	Duschek, Stefan	00:23:39	387		Unterhaching	1971	15	M45	00:23:08	104
140		114	Franz, Manfred	00:23:40	823		TUS Drevenack	1958	4	M60	00:23:38	118
141	W	27	Jochum, Wiebke	00:23:42	381		OSC Waldniel	1975	4	W40	00:23:36	27
142		115	Willhardt, Robin	00:23:44	3262		Schülervvertretung Gy	2001	5	MJ U20	00:23:18	109
143		116	Url, Michael	00:23:47	1226		Moerser TV Triathlon	1977	10	M40	00:23:36	115
144	W	28	Schröter, Jutta	00:23:47	492		Tauw GmbH	1987	3	W30	00:23:40	28
145		117	Heymann, Wolfgang	00:23:50	3202		TSV Weeze	1967	12	M50	00:23:41	119
146	W	29	Jansen, Jennifer	00:23:51	625		VfL 08 Repelen	1989	4	W30	00:23:49	31
147		118	Kaiser, Daniel	00:23:58	1149		Laufftreff R(h)einknall	1982	16	M35	00:23:50	121
148	W	30	Oestrich, Alina	00:24:02	1248		LEMKEN Laufftreff	1995	9	WHK	00:23:49	30
149		119	Schmuck, Niclas	00:24:02	987		Kalkar	2000	6	MJ U20	00:23:38	117
150		120	Pickartz, Ralf	00:24:03	3197		OTV Endurance Team	1968	13	M50	00:23:37	116
151		121	Spolders, Tillmann	00:24:03	2543		Darmgesund in Moers	1976	11	M40	00:23:47	120
152	W	31	Volkman, Anke	00:24:03	1426		LG Alpen	1976	5	W40	00:23:56	32
153	W	32	Hahnen, Aiyanna	00:24:06	48		Anchor Running Crew	1981	3	W35	00:23:42	29
154	W	33	Rother, Svea	00:24:06	1385		VfL Repelen	2005	9	WJ U18	00:24:04	33
155		122	Thissen, Raphael	00:24:08	215		Stadtverwaltung Moe	1980	17	M35	00:24:04	126
156		123	Reinecke, Lars	00:24:09	3394		SV 1919 Sonsbeck e.	1995	24	MHK	00:24:01	123
157	W	34	Birkenfeld, Mia	00:24:10	2293		Gym. Filder Benden	2007	10	WJ U18	00:24:05	34
158		124	Kwekkeboom, Matti	00:24:11	867		LG Alpen	2009	18	MJ U18	00:24:04	125
159		125	Verfürth, Peter G.	00:24:12	1346		DU Hamborn	1954	2	M65	00:24:10	130
160		126	Jakubzik, Frank	00:24:13	1574		NRZ-Heimatläufer	1965	14	M50	00:24:08	128
161		127	Wisniewski, Moritz	00:24:13	2388		Gym. Filder Benden	1986	5	M30	00:24:07	127
162		128	Kühn, Markus	00:24:14	3062		EDEKA	1984	18	M35	00:24:00	122
163		129	Rosenau, Lars	00:24:18	3070		EDEKA	1999	25	MHK	00:24:03	124
164	W	35	Zacher, Angelika	00:24:22	882		Marathon Dinslaken	1958	1	W60	00:24:17	35
165		130	Kudwien, Jeremy	00:24:25	1080		Homberger TV	1995	26	MHK	00:24:08	129

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166		131	Buteweg, Helmut	00:24:25	529		STV Hünxe 1912	1947	1	M70	00:24:24	134
167		132	Zurell, Hartmut	00:24:30	1699		NRZ-Heimatläufer	1963	12	M55	00:24:25	135
168		133	Hoff, Willi	00:24:32	556		AS Neukirchen-Vluyn	1968	15	M50	00:24:23	132
169		134	Schelkes, Roland	00:24:34	3422			1981	19	M35	00:24:23	133
170		135	Weber, Mark	00:24:38	839		SC Fersengeld 09	1969	16	M50	00:24:28	136
171		136	Mosler, Fabian	00:24:40	3252			1998	27	MHK	00:24:37	142
172	W	36	Koschare, Tanja	00:24:40	2548		Darmgesund in Moers	1977	6	W40	00:24:25	36
173		137	von der Bank, Horst	00:24:43	1354			1961	13	M55	00:24:37	140
174		138	Krischak, Marcel	00:24:44	1254		LEMKEN Lauftreff	1988	6	M30	00:24:31	137
175	W	37	Broß, Simone	00:24:45	1516		NRZ-Heimatläufer	1973	1	W45	00:24:32	37
176		139	Naß, Hannes	00:24:46	1165		TuS Xanten	1967	17	M50	00:24:21	131
177		140	Mataj, Julian	00:24:46	328		VFB Homberg	2008	19	MJ U18	00:24:32	138
178	W	38	Marson, Nina	00:24:49	664		Grafschafter Diakonie	1980	4	W35	00:24:36	38
179		141	Frank, Elias	00:24:49	3200			2008	20	MJ U18	00:24:36	139
180	W	39	Koppers, Sonja	00:24:54	486		Stadtverwaltung Moe	1986	5	W30	00:24:45	39
181	W	40	Frischauf, Anna	00:24:57	2453		Moerser TV Leichtathl	1997	10	WHK	00:24:56	42
182		142	Zapp, Daniel	00:24:59	235		Stadtverwaltung Moe	1981	20	M35	00:24:49	143
183	W	41	Thelen, Dana	00:25:01	1310			1979	7	W40	00:24:54	40
184	W	42	Bohländer, Petra	00:25:02	1409		Team Niederrhein	1979	8	W40	00:24:56	41
185		143	Fröhlich, Malte	00:25:02	3395		SV 1919 Sonsbeck e.	1998	28	MHK	00:24:55	146
186		144	Vergin, Daniel	00:25:02	125			1992	29	MHK	00:24:37	141
187		145	Seemann, Frank	00:25:02	1477		BSG ENNI	1973	16	M45	00:24:51	144
188		146	Kaulitzky, Jörg	00:25:03	618		LT Vynen	1964	14	M55	00:24:54	145
189		147	Zurhorst, Marcus	00:25:06	1700		NRZ-Heimatläufer	1978	12	M40	00:25:02	147
190		148	Schröder, Jens	00:25:13	1293		Bauhof-Express	1983	21	M35	00:25:07	151
191		149	Linßen, Arian	00:25:17	3255			2007	21	MJ U18	00:25:06	149
192		150	Brauckmann, Lev	00:25:19	3219		SV Neukirchen	2008	22	MJ U18	00:25:15	154
193		151	Müller, Matthias	00:25:20	583			2006	23	MJ U18	00:25:14	152
194		152	Sappok, Soeren	00:25:24	1641		NRZ-Heimatläufer	1973	17	M45	00:25:21	157
195		153	Kersten, Tim	00:25:25	864		Voerde	1986	7	M30	00:25:20	156
196	W	43	Spronk, Marianne	00:25:26	1145		TSV Weeze	1948	1	W70	00:25:17	44
197	W	44	Huppertz, Sandra	00:25:28	1133			1984	5	W35	00:25:13	43
198		154	Luppenlender, Philipp	00:25:28	3181			1992	30	MHK	00:25:04	148
199		155	Gossens, Stefan	00:25:28	1267		alt...aber läuft!	1971	18	M45	00:25:07	150
200		156	Kröll, Thomas	00:25:31	1252		LEMKEN Lauftreff	1963	15	M55	00:25:18	155
201		157	Nüse, Thorsten	00:25:32	1304		Moerser SC Handball	1969	18	M50	00:25:25	160
202	W	45	Paulweber, Ilka Franziska	00:25:34	168			2006	11	WJ U18	00:25:24	46
203		158	Winkler, Thomas	00:25:36	1315			1962	16	M55	00:25:22	158
204	W	46	Müller, Katharina	00:25:36	1488		BSG ENNI	1999	11	WHK	00:25:29	49
205		159	Dietrich, Leander	00:25:40	271		Dietrich-Clan-Moers	2007	24	MJ U18	00:25:31	166
206		160	Kirsten, Michael	00:25:40	3256		Lauf Automobile	1968	19	M50	00:25:15	153
207	W	47	Tolksdorf, Claudia	00:25:41	1403		LINEG	1966	1	W50	00:25:25	47
208	W	48	Hußmann, Katrin	00:25:41	1247		LEMKEN Lauftreff	1990	12	WHK	00:25:28	48
209		161	Haveneth, Rafael	00:25:42	3376		Avengers	1980	22	M35	00:25:26	162
210	W	49	Görigk, Silvia	00:25:42	1164		Wedau-Runner Duisb	1967	2	W50	00:25:37	50
211		162	Schneider, Frank	00:25:48	450		Darmgesund in Moers	1969	20	M50	00:25:28	163
212		163	Brückner, Peter	00:25:48	1520		NRZ-Heimatläufer	1956	5	M60	00:25:28	164
213		164	Martinez, Roberto	00:25:48	1251		LEMKEN Lauftreff	1984	23	M35	00:25:35	168
214		165	Uzkureit, Michael	00:25:49	543		INEOS Solvents Germ	1967	21	M50	00:25:24	159
215	W	50	Wendlandt, Miriam	00:25:49	3412			1990	13	WHK	00:25:23	45
216		166	Kaiser, Rolf	00:25:49	548		INEOS Solvents Germ	1970	19	M45	00:25:25	161
217		167	Pontow, Ralf	00:25:50	743		Moers	1968	22	M50	00:25:39	169
218		168	Etzel, Uli	00:25:53	1542		NRZ-Heimatläufer	1956	6	M60	00:25:45	171
219		169	Schmidt, Sascha	00:25:55	3046		EDEKA	1983	24	M35	00:25:45	172
220		170	Mosler, Manuel	00:25:57	3250			1988	8	M30	00:25:54	176

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		171	Schwarzer, Jonas	00:25:59	2363		Gym. Filder Benden	2008	25	MJ U18	00:25:45	173
222		172	Rosendahl, Christian	00:26:00	229		Stadtverwaltung Moe	1969	23	M50	00:25:49	174
223		173	Killewald, Frank	00:26:00	570		Kamp-Lintfort	1959	7	M60	00:25:53	175
224		174	Weeke, Yannic	00:26:00	3127		EDEKA	1991	31	MHK	00:25:30	165
225		175	Schäfer, René	00:26:02	3068		EDEKA	1989	9	M30	00:25:32	167
226		176	Engels, Ralf	00:26:05	2556		Darmgesund in Moers	1966	24	M50	00:25:55	178
227	W	51	Bonnet, Yvonne	00:26:07	993		Eschweiler	1981	6	W35	00:25:39	51
228	W	52	Paetz, Marie	00:26:07	2344		Gym. Filder Benden	2001	2	WJ U20	00:26:01	54
229		177	Pannenbecker, Florian	00:26:07	1447			1980	25	M35	00:25:41	170
230	W	53	Veltges, Gudrun	00:26:08	3174			1968	3	W50	00:25:52	53
231		178	Schubert, Ralf	00:26:08	1016		Ford Lauff	1968	25	M50	00:26:00	181
232		179	Klose, Olaf	00:26:09	334		Stadt Moers	1962	17	M55	00:26:00	180
233		180	Arndt, Claus	00:26:10	843		Stadtverwaltung Moe	1964	18	M55	00:25:59	179
234		181	Müller, Sven	00:26:10	430			1971	20	M45	00:26:04	183
235		182	Monning, Volker	00:26:11	2331		Gym. Filder Benden	1981	26	M35	00:26:04	185
236		183	Paulweber, Luis Fynn	00:26:14	171			2006	26	MJ U18	00:26:13	191
237	W	54	Lang, Claudia	00:26:15	854		Mülheim an der Ruhr	1969	4	W50	00:25:43	52
238	W	55	Freitag, Andrea	00:26:16	710		Moers	1971	2	W45	00:26:11	56
239	W	56	Rosenkranz, Anne	00:26:20	753		Tauw GmbH	1986	6	W30	00:26:04	55
240	W	57	Wendel, Lena	00:26:21	2383		Gym. Filder Benden	2007	12	WJ U18	00:26:12	58
241		184	Möller, Jannis	00:26:22	3447			1997	32	MHK	00:26:01	182
242		185	Schürings, Benedikt	00:26:24	36		Darmgesund In Moer	1982	27	M35	00:26:12	188
243		186	Schönbuchner, Tobias	00:26:25	511		Laufftreff Condor	2000	7	MJ U20	00:25:54	177
244		187	Hartmann, Oliver	00:26:27	3203			1962	19	M55	00:26:04	186
245		188	Berger, Manfred	00:26:27	794		Bataver Laufftreff Em	1958	8	M60	00:26:18	195
246	W	58	Prumbaum, Ada	00:26:29	2584		Darmgesund in Moers	2008	13	WJ U18	00:26:18	60
247		189	Weßels, Erik	00:26:30	183		Moers	1982	28	M35	00:26:04	184
248	W	59	Thönnies, Antonia	00:26:30	912		Weseler TV	2003	14	WJ U18	00:26:28	66
249		190	Jahnke, Daniel	00:26:32	3035		EDEKA	1982	29	M35	00:26:15	194
250	W	60	Retz, Kathrin	00:26:32	2454		Moerser TV Leichtathl	2000	3	WJ U20	00:26:31	67
251		191	Gütig, Max	00:26:33	2300		Gym. Filder Benden	2006	27	MJ U18	00:26:32	204
252	W	61	Euler, Daria	00:26:34	976		Schleupen AG	1988	7	W30	00:26:32	69
253		192	Döll, Stephan	00:26:34	1312			1970	21	M45	00:26:27	200
254		193	Büskens, Kolja	00:26:34	128			1982	30	M35	00:26:08	187
255	W	62	Erlekotte, Jutta	00:26:35	878		Marathon Dinslaken	1963	3	W55	00:26:31	68
256		194	Stahl, Thorsten	00:26:35	6		KC Männer WG	1974	22	M45	00:26:14	193
257		195	Taruffis, Ralf	00:26:35	5		KC Männer WG	1970	23	M45	00:26:14	192
258		196	Gawlik, Michael	00:26:35	7		KC Männer WG	1974	24	M45	00:26:13	190
259		197	Steinhaus, Lars	00:26:36	3281			1966	26	M50	00:26:12	189
260		198	Schneider, Michael	00:26:37	1231		Team IMU	1967	27	M50	00:26:29	201
261	W	63	Paulweber, Finja Maria	00:26:37	170			2006	15	WJ U18	00:26:28	65
262		199	Janßen, Dr. Heinz-Josef	00:26:40	478		Darmgesund in Moers	1964	20	M55	00:26:27	199
263	W	64	Wagner, Lisa	00:26:41	2199		MTV Hockey	2004	16	WJ U18	00:26:34	71
264	W	65	Barufke, Claudia	00:26:41	236		Duisburg	1972	3	W45	00:26:14	59
265		200	Url, Alexander	00:26:42	1411		Gymnasium Adolfinu	2005	28	MJ U18	00:26:24	196
266	W	66	Ricken, Lena	00:26:42	859			1993	14	WHK	00:26:23	62
267	W	67	Appelt, Susann	00:26:43	3369		Lauffreu(n)de	1973	4	W45	00:26:12	57
268	W	68	Liptow, Anika	00:26:43	3446			1996	15	WHK	00:26:22	61
269		201	Reetz, Paul	00:26:44	2350		Gym. Filder Benden	2007	29	MJ U18	00:26:43	215
270		202	Dürrbaum, Max	00:26:44	2298		Gym. Filder Benden	2007	30	MJ U18	00:26:37	211
271	W	69	Dietrich, Annabelle	00:26:45	267		Dietrich-Clan-Moers	2007	17	WJ U18	00:26:36	73
272		203	Dietrich, Henning	00:26:45	266		Dietrich-Clan-Moers	1969	28	M50	00:26:36	209
273	W	70	Börke, Wibke	00:26:45	1076		Homberger TV	1996	16	WHK	00:26:27	64
274	W	71	Lachmann, Susanne	00:26:46	1043		Homberger TV	1967	5	W50	00:26:26	63
275		204	Skarda, Hardmut	00:26:46	1105		Lauffreunde HADI We	1967	29	M50	00:26:43	216

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276		205	Anders, Florian	00:26:46	1439			1983	31	M35	00:26:42	213
277		206	Schmidt, Detlev	00:26:47	3045		EDEKA	1959	9	M60	00:26:37	210
278	W	72	Anders, Linda	00:26:47	1438			1987	8	W30	00:26:42	75
279		207	Jakobs, Manfred	00:26:47	847		ETuS Wedau	1945	2	M70	00:26:29	202
280		208	Zaydan, Hadi	00:26:47	3186			2005	31	MJ U18	00:26:30	203
281		209	Schubert, Jannis	00:26:47	1017		Fichte Lintfort	2006	32	MJ U18	00:26:40	212
282		210	Wienen, Hartmut	00:26:50	1215		OTV Endurance Team	1964	21	M55	00:26:46	223
283		211	Hirsch, Rafael	00:26:50	1291		Bauhof-Express	1981	32	M35	00:26:44	222
284	W	73	Giemsa, Monika	00:26:50	1329		Kevelaerer SV	1977	9	W40	00:26:48	77
285	W	74	Vorstermanns, Gisela	00:26:51	358		Prinzengarde Kempen	1961	4	W55	00:26:35	72
286		212	Vorstermanns, Peter	00:26:51	3258		Prinzengarde Kempen	1961	22	M55	00:26:35	207
287		213	Peuser, Fabian	00:26:53	1229			1997	33	MHK	00:26:34	206
288		214	Kössl, Jo	00:26:53	1124		AS Neukirchen-Vluyn	1964	23	M55	00:26:33	205
289		215	Fuhrmann, Martin	00:26:54	184		Moers	1981	33	M35	00:26:27	198
290	W	75	Kerschen, Jule	00:26:54	1010		Duisburg	2007	18	WJ U18	00:26:32	70
291		216	Calmes, Michael	00:26:55	505		Lauftreff Condor	1961	24	M55	00:26:25	197
292		217	Kerschen, Klaus	00:26:56	762		Duisburg	1970	25	M45	00:26:35	208
293		218	Mascia, Davide	00:26:57	1418		Moerser TV	2003	33	MJ U18	00:26:42	214
294		219	Pielka, Marcus	00:26:58	1109		Lauffreunde HADI We	1969	30	M50	00:26:54	229
295		220	Wolko, Marc	00:26:58	1032		Moerser TV Triathlon	1974	26	M45	00:26:47	225
296	W	76	Winter, Pia	00:26:58	865			1993	17	WHK	00:26:51	79
297	W	77	Biesen, Lara	00:26:59	3211		AS Neukirchen-Vluyn	2003	19	WJ U18	00:26:49	78
298		221	Fänger, Martin	00:26:59	574			1989	10	M30	00:26:43	218
299		222	Cavulea, Dragos	00:27:00	2573		Darmgesund in Moers	1987	11	M30	00:26:43	217
300	W	78	Hügel, Emely	00:27:00	2203		MTV Hockey	2006	20	WJ U18	00:26:55	82
301		223	Hahn, Bodo	00:27:00	1112		TuS Xanten	1954	3	M65	00:26:54	230
302		224	Birk, Emil Leo	00:27:03	2290		Gym. Filder Benden	2008	34	MJ U18	00:27:01	234
303	W	79	Volkman, Sonja	00:27:03	1682		NRZ-Heimatläufer	1972	5	W45	00:26:37	74
304		225	Binn, Lukas	00:27:04	3163		MTV	2008	35	MJ U18	00:27:02	236
305		226	Pietzuch, David	00:27:04	442			1993	34	MHK	00:26:50	226
306	W	80	Johnen, Saskia	00:27:05	1083		Homberger TV	2000	4	WJ U20	00:26:58	85
307	W	81	Schormann, Melina	00:27:05	1082		Homberger TV	1999	18	WHK	00:26:58	84
308	W	82	Ingenhaag, Andrea	00:27:05	1171		NiersRunners Wachte	1968	6	W50	00:26:51	80
309	W	83	Martini, Andrea	00:27:05	975		Schleupen AG	1980	7	W35	00:27:04	87
310		227	Wellmann, Markus	00:27:06	3245		Freiraumwohnung	1973	27	M45	00:27:04	238
311		228	Ruthmann, Julian	00:27:07	1348		AS Neukirchen-Vluyn	2000	8	MJ U20	00:26:47	224
312	W	84	Reinhart, Kerstin	00:27:07	1370		VFL Repelen	1977	10	W40	00:26:53	81
313		229	Wirtgen, Christian	00:27:08	3121		EDEKA	1992	35	MHK	00:26:51	228
314		230	Gottlieb, Maite	00:27:08	1557		NRZ-Heimatläufer	1967	31	M50	00:26:44	221
315		231	Perna, Christian	00:27:09	3076		EDEKA	1984	34	M35	00:26:43	219
316		232	Kleiner, Jan-Calvin	00:27:10	1595		NRZ-Heimatläufer	2001	9	MJ U20	00:27:00	233
317		233	Ruthmann, Jens	00:27:11	1349		AS Neukirchen-Vluyn	1964	25	M55	00:26:50	227
318	W	85	Wintzek, Sabine	00:27:11	1693		NRZ-Heimatläufer	1976	11	W40	00:26:43	76
319	W	86	Kaldewey, Julia	00:27:11	464		Darmgesund in Moers	1995	19	WHK	00:26:55	83
320		234	Kodytek, Martin	00:27:11	476		Darmgesund in Moers	1993	36	MHK	00:26:55	231
321		235	Schneider, Michael	00:27:12	955		Moerser TV Basketbal	1966	32	M50	00:27:02	237
322		236	Möhlenkamp, Stefan	00:27:12	2555		Darmgesund in Moers	1967	33	M50	00:27:02	235
323	W	87	Frychel, Therese	00:27:12	885		Marathon Dinslaken	1960	5	W55	00:27:07	88
324		237	Volke, Dustin	00:27:13	1357		jd_active_challenge	1993	37	MHK	00:26:44	220
325	W	88	Oberhauser, Marion	00:27:14	1297			1959	2	W60	00:27:11	90
326	W	89	Kaiser, Meike	00:27:14	1150		Lauftreff R(h)einknall	1987	9	W30	00:27:00	86
327		238	Geurts, Hans-Peter	00:27:19	807		TSV Weeze	1949	3	M70	00:27:12	243
328		239	Wrobbel, Lennox	00:27:23	702		Moers	2007	36	MJ U18	00:27:08	239
329	W	90	Jakubzik, Kerstin	00:27:24	1575		NRZ-Heimatläufer	1971	6	W45	00:27:16	92
330		240	Heinz, Holger	00:27:25	3234		Anchor Running Crew	1976	13	M40	00:27:00	232

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331		241	Meier, Dietmar	00:27:27	524		FDP Moers	1965	34	M50	00:27:23	251
332		242	Wrobbel, Marcel	00:27:27	1013		Moers	1977	14	M40	00:27:12	242
333	W	91	Wienen, Gaby	00:27:29	1216		OTV Endurance Team	1963	6	W55	00:27:25	95
334		243	Audick-Dehn, Stefan	00:27:34	1270			1977	15	M40	00:27:08	240
335		244	Jakob, Lennart	00:27:34	2316		Gym. Filder Benden	2004	37	MJ U18	00:27:29	258
336		245	Stolzenberg, Boris	00:27:36	1479		BSG ENNI	1982	35	M35	00:27:23	252
337		246	Durovic, Ervin	00:27:36	956		Darmgesund in Moers	1991	38	MHK	00:27:21	249
338	W	92	Schulze, Katrin	00:27:37	109		Kaarst	1986	10	W30	00:27:09	89
339		247	Wrobel, Mika	00:27:39	704		Moers	2009	38	MJ U18	00:27:24	253
340		248	Neuer, Jochen	00:27:39	844		Düsseldorf	1971	28	M45	00:27:10	241
341		249	Beus, Manfred	00:27:39	3309		Bataver Laufftreff Em	1956	10	M60	00:27:25	254
342		250	Abel, Sven	00:27:41	728		TuS Baerl	1977	16	M40	00:27:22	250
343	W	93	Querl, Ulrike	00:27:41	1232		Team IMU	1968	7	W50	00:27:32	96
344		251	Ulrich, Rafael	00:27:42	725		BSG Volksbank Niede	1979	17	M40	00:27:27	257
345		252	Schild, Frank	00:27:42	983		Schleupen AG	1968	35	M50	00:27:40	263
346		253	Reintges, Heinrich	00:27:42	545		INEOS Solvents Germ	1977	18	M40	00:27:19	246
347	W	94	Schmidt, Laura	00:27:42	1652		NRZ-Heimatläufer	1973	7	W45	00:27:14	91
348	W	95	Czech, Anna	00:27:44	2296		Gym. Filder Benden	1987	11	W30	00:27:37	99
349		254	van Dongen, Franz	00:27:44	3191		TSV Weeze	1954	4	M65	00:27:21	248
350		255	Höffken, Lars	00:27:44	684		BSG Wirtschaftsbetrie	1973	29	M45	00:27:26	256
351	W	96	Prumbaum, Anke	00:27:44	2582		Darmgesund in Moers	1972	8	W45	00:27:32	97
352	W	97	Lapaczynski, Daniela	00:27:45	1313		Vfl Repelen	1978	12	W40	00:27:21	94
353		256	Chmiel, Adam	00:27:45	3473		MTV Hockey	1970	30	M45	00:27:18	245
354	W	98	Nemitz, Meike	00:27:46	1625		NRZ-Heimatläufer	1979	13	W40	00:27:18	93
355		257	Stührenberg, Hanno	00:27:47	151			1989	12	M30	00:27:18	244
356	W	99	Schubert, Silke	00:27:48	3099		EDEKA	1972	9	W45	00:27:34	98
357		258	Eidens, Joachim	00:27:49	1539		NRZ-Heimatläufer	1953	5	M65	00:27:35	260
358		259	Branchinelli, Mario	00:27:50	1222			1965	36	M50	00:27:40	264
359		260	Schmidt, Julian	00:27:51	514		Laufftreff Condor	2002	39	MJ U18	00:27:20	247
360		261	Skodda, Riccardo	00:27:53	1498			1982	36	M35	00:27:25	255
361	W	100	Retz, Maria	00:27:54	698		1. FC Köln	1965	8	W50	00:27:43	101
362		262	Blesch, Marvin	00:27:55	83		Moers	2009	40	MJ U18	00:27:34	259
363		263	van Lücl, Andreas	00:27:55	1420			1971	31	M45	00:27:44	266
364	W	101	van Lück, Clara	00:27:55	1419			2002	21	WJ U18	00:27:45	102
365		264	Matta, Andreas	00:27:56	984		Schleupen AG	1966	37	M50	00:27:55	272
366	W	102	Behm, Lisa	00:27:58	501		Tauw GmbH	1997	20	WHK	00:27:41	100
367	W	103	Pontow, Kerstin	00:27:59	744		Moers	1971	10	W45	00:27:48	104
368		265	Tersteegen, Torben	00:27:59	3419		AS Neukirchen-Vluyn	2000	10	MJ U20	00:27:46	267
369	W	104	Granzen, Sandra	00:28:02	352		Moers	1970	11	W45	00:27:45	103
370		266	Gronen, Christian	00:28:04	3409		Speedy González	1970	32	M45	00:28:01	277
371		267	Mendrina, Benjamin	00:28:05	1156			1985	13	M30	00:27:52	270
372	W	105	Brinkmann, Jule	00:28:06	3277		LAV Bayer Uerdingen	2007	22	WJ U18	00:28:01	108
373	W	106	Schmuck, Ines	00:28:07	1656		NRZ-Heimatläufer	1970	12	W45	00:27:58	107
374		268	Schmuck, Thorsten	00:28:07	1657		NRZ-Heimatläufer	1969	38	M50	00:27:57	274
375		269	Appelt, Holger	00:28:07	3368		Lauffreu(n)de	1973	33	M45	00:27:36	261
376		270	Stroband, Alexander	00:28:07	981		Schleupen AG	1985	14	M30	00:28:05	281
377		271	Dawel, Henrik	00:28:08	3246			2002	41	MJ U18	00:27:51	269
378		272	Holm, Rainer	00:28:09	1489		SV Rees	1974	34	M45	00:27:38	262
379	W	107	Niewerth, Michelle	00:28:10	404			2002	23	WJ U18	00:27:52	106
380		273	Wassenberg, Clemens	00:28:12	1407		LINEG	1986	15	M30	00:27:43	265
381		274	van der Eijk, Erwin	00:28:13	502		Tauw GmbH	1974	35	M45	00:27:55	273
382		275	Krüßmann, Dirk	00:28:13	1604		NRZ-Heimatläufer	1963	26	M55	00:28:03	280
383	W	108	Tück, Christiane	00:28:15	1675		NRZ-Heimatläufer	1979	14	W40	00:27:50	105
384		276	Tück, Sascha	00:28:15	1676		NRZ-Heimatläufer	1973	36	M45	00:27:51	268
385		277	Sillmann, Lennert	00:28:19	3261		Schülervvertretung Gy	2000	11	MJ U20	00:27:58	275

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386	W	109	Möbest, Nina	00:28:19	1191		SV Neukirchen	1978	15	W40	00:28:12	110
387		278	Kambartel, Kato	00:28:20	2560		Darmgesund in Moers	1969	39	M50	00:27:58	276
388		279	van der Ende, Luis	00:28:21	3230		AS-NV	2004	42	MJ U18	00:27:52	271
389		280	Schubert, René	00:28:25	3098		EDEKA	1972	37	M45	00:28:12	282
390		281	Bleibtreu, Patrick	00:28:27	431		Moers	1981	37	M35	00:28:02	279
391		282	Jacobs, Tim	00:28:28	3378		Avengers	1983	38	M35	00:28:12	283
392	W	110	Rangnit, Lisa	00:28:28	2348		Gym. Filder Benden	2007	24	WJ U18	00:28:23	111
393		283	Winiarz, Dennis	00:28:30	679		Moerser TV Hockey	1980	39	M35	00:28:02	278
394		284	Beckerle, Benjamin	00:28:30	1484		BSG ENNI	1989	16	M30	00:28:23	287
395	W	111	Kaste, Katja	00:28:33	3335		Lauftreff Klein-Netter	1973	13	W45	00:28:08	109
396		285	Gutow, Thomas	00:28:34	3282			1964	27	M55	00:28:16	285
397		286	Schubert, Christopher	00:28:34	1480		BSG ENNI	1981	40	M35	00:28:23	288
398		287	Lindner, Jürgen	00:28:36	50		Silverspeedy	1959	11	M60	00:28:33	293
399		288	Oberneder, Noah	00:28:41	2342		Gym. Filder Benden	2007	43	MJ U18	00:28:38	300
400		289	Schülling, Marlon	00:28:44	2359		Gym. Filder Benden	2010	44	MJ U18	00:28:35	294
401		290	Schwarzer, Julian	00:28:44	2361		Gym. Filder Benden	2006	45	MJ U18	00:28:36	296
402		291	Schneider, Harry	00:28:44	1475		BSG ENNI	1964	28	M55	00:28:32	292
403	W	112	Hackstein, Annette	00:28:46	2302		Gym. Filder Benden	1970	14	W45	00:28:41	118
404		292	Steffens, Markus	00:28:48	75		Moers	1997	39	MHK	00:28:30	290
405		293	Remy, Michael	00:28:51	2567		Darmgesund in Moers	1989	17	M30	00:28:29	289
406	W	113	Klöver, Melissa	00:28:51	3194		Darmgesund In Moer	1996	21	WHK	00:28:29	112
407		294	Frank, Rene	00:28:52	189		Hamminkeln	1985	18	M30	00:28:16	284
408	W	114	Dehn, Kim	00:28:52	250		Stadtverwaltung Moe	1995	22	WHK	00:28:41	117
409		295	Birken, Peter	00:28:53	1388		LINEG	1966	40	M50	00:28:22	286
410		296	Finger, Tobias	00:28:54	3208			1993	40	MHK	00:28:45	304
411		297	Brommann, Kai	00:28:54	650		Team As Melchor	1964	29	M55	00:28:30	291
412	W	115	Wrobbel, Christine	00:28:54	703		Moers	1977	16	W40	00:28:40	116
413		298	Kubitza, Michael	00:28:55	938			1991	41	MHK	00:28:46	305
414		299	Schmidt, Andreas	00:28:55	2354		Gym. Filder Benden	1970	38	M45	00:28:46	307
415	W	116	Noack, Christiane	00:28:55	1626		NRZ-Heimatläufer	1967	9	W50	00:28:42	119
416	W	117	Nebel, Annika	00:28:56	1129			1972	15	W45	00:28:43	121
417		300	Verheyen, Andreas	00:28:59	224		Stadtverwaltung Moe	1991	42	MHK	00:28:46	306
418		301	Friesen, Gerd	00:28:59	1551		NRZ-Heimatläufer	1966	41	M50	00:28:53	311
419	W	118	Thißen, Vanessa	00:29:01	705		Duisburg	1982	8	W35	00:28:35	114
420		302	Strajhar, André	00:29:01	342		Stadtverwaltung Moe	1988	19	M30	00:28:49	309
421		303	Kerkenhoff, Thomas	00:29:01	3107		EDEKA	1962	30	M55	00:28:42	303
422	W	119	Freywald, Ulrike	00:29:01	3036		EDEKA	1965	10	W50	00:28:42	120
423		304	Schumann, Gernot	00:29:01	604		BSG Sparkasse Krefel	1966	42	M50	00:28:58	316
424		305	Gartke, Udo	00:29:02	3460		AS Neukirchen-Vluyn	1955	12	M60	00:28:40	301
425	W	120	Schöne, Melina	00:29:03	1238			1989	12	W30	00:28:47	122
426	W	121	Geldermann, Lena	00:29:03	1353			1995	23	WHK	00:28:34	113
427		306	Nentwich, Norbert	00:29:03	671		terminic	1957	13	M60	00:28:40	302
428	W	122	Berndt, Daniela	00:29:04	290		Lünen	1983	9	W35	00:28:35	115
429		307	Mendrina, Mirco	00:29:04	1130			1982	41	M35	00:28:52	310
430		308	Croppen, Kevin	00:29:04	103		Moers	1991	43	MHK	00:28:56	313
431	W	123	Nießen, Katja	00:29:05	1472		BSG ENNI	1977	17	W40	00:28:53	127
432		309	Strauß, Wolfgang	00:29:05	1335			1968	43	M50	00:28:36	295
433		310	Tafzati, Nassim	00:29:05	2382		Gym. Filder Benden	2007	46	MJ U18	00:28:57	314
434	W	124	Haveneth, Inga	00:29:05	3377		Avengers	1984	10	W35	00:28:49	125
435	W	125	Hanusch, Marie	00:29:05	2307		Gym. Filder Benden	2006	25	WJ U18	00:28:57	129
436		311	Ahmadi, Hedayatulah	00:29:08	787		KIDO Runners Lerche	2004	47	MJ U18	00:28:38	297
437		312	Winnertz, Arno	00:29:08	1287			1965	44	M50	00:28:54	312
438		313	Fischer, Markus	00:29:09	256			1986	20	M30	00:28:57	315
439		314	Wagner, Jan	00:29:11	2210		MTV Hockey	2008	48	MJ U18	00:28:38	298
440		315	van Gemmeren, Joris	00:29:12	2448		Moerser TV Hockey	2008	49	MJ U18	00:28:38	299

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441	W	126	Behling, Melanie	00:29:14	1509		NRZ-Heimatläufer	1972	16	W45	00:29:11	133
442	W	127	Winter, Stefanie	00:29:15	3462			1978	18	W40	00:28:47	124
443	W	128	Deppermann, Corinna	00:29:16	1474		BSG ENNI	1989	13	W30	00:29:08	132
444		316	Schröder, Norbert	00:29:17	64			1966	45	M50	00:28:47	308
445	W	129	Moratz, Silvia	00:29:17	63			1971	17	W45	00:28:47	123
446		317	Rosario Mrosek, Damian	00:29:23	598		Voerde	2006	50	MJ U18	00:29:03	317
447	W	130	Schlegel, Nina	00:29:24	677		Moerser TV Hockey	1993	24	WHK	00:28:57	128
448	W	131	Köhnen, Nina	00:29:24	1415			1979	19	W40	00:28:57	130
449		318	Neif, Jonas Joshua	00:29:24	2338		Gym. Filder Benden	2009	51	MJ U18	00:29:16	322
450	W	132	Herz, Sienna	00:29:26	2314		Gym. Filder Benden	2006	26	WJ U18	00:29:19	134
451	W	133	Yildirim, Jeannine	00:29:26	1167			1978	20	W40	00:28:52	126
452	W	134	Radde, Emilia	00:29:28	2347		Gym. Filder Benden	2007	27	WJ U18	00:29:21	136
453	W	135	Gloch, Mandy	00:29:29	2538		Darmgesund in Moers	1972	18	W45	00:29:03	131
454	W	136	Engels, Leonie	00:29:30	2559		Darmgesund in Moers	1982	11	W35	00:29:20	135
455		319	Jakob, Marco	00:29:32	1308		AS Neukirchen-Vluyn	1997	44	MHK	00:29:09	318
456		320	Lohmann, Lennart	00:29:33	1437		AS Neukirchen-Vluyn	2002	52	MJ U18	00:29:11	319
457		321	Lorkowski, Markus	00:29:35	443		Moers	1978	19	M40	00:29:15	321
458		322	Koop, Stefan	00:29:38	863		Versuch 3	1970	39	M45	00:29:14	320
459		323	Gronen, Benjamin	00:29:39	3411		Speedy González	2005	53	MJ U18	00:29:36	328
460		324	Heidemann, Markus	00:29:41	3432			1987	21	M30	00:29:28	325
461		325	Wick, Fritz	00:29:43	3172		NiersRunners Wachte	1949	4	M70	00:29:38	330
462	W	137	Lohmann, Brigitte	00:29:44	2826		Darmgesund in Moers	1966	11	W50	00:29:37	140
463		326	Barten, Dennis	00:29:47	3425			1984	42	M35	00:29:24	323
464		327	Stokvis, Simon	00:29:48	2378		Gym. Filder Benden	2010	54	MJ U18	00:29:36	329
465	W	138	Becker, Maren	00:29:48	500		Tauw GmbH	1989	14	W30	00:29:32	138
466	W	139	Petry, Anna-Sabrina	00:29:51	198		Stadtverwaltung Moe	1988	15	W30	00:29:39	142
467		328	Weigelt, Enrico	00:29:51	1209			1970	40	M45	00:29:49	335
468	W	140	Janke, Sonja	00:29:51	1208			1976	21	W40	00:29:50	146
469	W	141	Wagner, Ulla	00:29:51	1300		Moerser TV-Hockey	1980	12	W35	00:29:32	137
470		329	Brauer, Detlef	00:29:51	1162		Rheinberg	1961	31	M55	00:29:32	326
471		330	Otto, Burkhard	00:29:52	232		Moers	1982	43	M35	00:29:25	324
472		331	Dürrbaum, Fabian	00:29:52	2299		Gym. Filder Benden	2010	55	MJ U18	00:29:43	332
473		332	Dürrbaum, Ingo	00:29:52	2297		Gym. Filder Benden	1974	41	M45	00:29:44	333
474	W	142	Eichenauer, Petra	00:29:54	1538		NRZ-Heimatläufer	1958	3	W60	00:29:50	145
475		333	Gondermann, Martin	00:29:54	455		Darmgesund in Moers	1961	32	M55	00:29:38	331
476	W	143	Nienke-Url, Sabine	00:29:56	432		Moers	1977	22	W40	00:29:38	141
477	W	144	Schöne, Iris	00:29:58	1240			1966	12	W50	00:29:42	143
478	W	145	Noll, Ellen	00:29:59	1141		Fritz-Mühle-Runde	1955	4	W60	00:29:33	139
479		334	Meylahn, Finley	00:30:02	607		TV Kapellen	2008	56	MJ U18	00:29:49	334
480	W	146	Stokvis-Rudolph, Petra	00:30:03	2381		Gym. Filder Benden	1975	23	W40	00:29:52	147
481	W	147	Raberg, Hannah	00:30:04	2346		Gym. Filder Benden	2006	28	WJ U18	00:30:00	149
482		335	Rasch, Michael	00:30:05	1333			1964	33	M55	00:29:35	327
483	W	148	Woerner, Jessica	00:30:13	1694		NRZ-Heimatläufer	1977	24	W40	00:29:47	144
484	W	149	Schmidt, Maria	00:30:14	491		Tauw GmbH	1986	16	W30	00:29:53	148
485		336	Wohlgemuth, Christoph	00:30:16	493		Tauw GmbH	1986	22	M30	00:30:01	337
486		337	Beerenberg, Tim	00:30:16	499		Tauw GmbH	1993	45	MHK	00:30:01	338
487	W	150	Schild, Rebecca	00:30:19	977		Schleupen AG	1974	19	W45	00:30:17	158
488		338	Bleekmann, Tom	00:30:20	2216		MTV Hockey	2009	57	MJ U18	00:30:07	339
489	W	151	Pappe, Marlene	00:30:21	2208		MTV Hockey	2007	29	WJ U18	00:30:16	156
490	W	152	Schwarz, Emilia	00:30:21	2205		MTV Hockey	2007	30	WJ U18	00:30:16	157
491		339	Grönert, Günter	00:30:22	1051		Homberger TV	1938	1	M80	00:30:15	342
492	W	153	Strauß, Andrea	00:30:24	1334			1969	13	W50	00:30:01	150
493	W	154	Mrosek, Diana	00:30:25	1622		NRZ-Heimatläufer	1976	25	W40	00:30:04	151
494	W	155	Bosbach-Plonka, Anna	00:30:26	1305			1981	13	W35	00:30:06	152
495		340	Jochheim, Werner	00:30:29	1578		NRZ-Heimatläufer	1955	14	M60	00:29:55	336

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496	W	156	Gläser, Katharina	00:30:30	391		Moers	1996	25	WHK	00:30:12	155
497		341	Schnieber, Danny	00:30:30	3083		EDEKA	1996	46	MHK	00:30:14	341
498	W	157	Raab, Jenny	00:30:33	1336		AS Neukirchen-Vluyn	1976	26	W40	00:30:11	154
499	W	158	Sonnefeld, Heike	00:30:34	595		AS Neukirchen-Vluyn	1958	5	W60	00:30:30	161
500		342	Zips, Marcel	00:30:36	830			1982	44	M35	00:30:21	345
501		343	Garske, Tobias	00:30:36	827		Moers	1988	23	M30	00:30:22	347
502		344	Flassenberg, Achim	00:30:37	3040		EDEKA	1977	20	M40	00:30:17	343
503	W	159	Pricken, Julia	00:30:37	88		SG Neukirchen Vluyn	1976	27	W40	00:30:32	164
504		345	Meyer, Uwe	00:30:37	1619		NRZ-Heimatläufer	1968	46	M50	00:30:31	352
505	W	160	Hammerath, Rebecca	00:30:38	891		Hammerath	1984	14	W35	00:30:09	153
506		346	Hammerath, Ralf	00:30:38	889		Hammerath	1976	21	M40	00:30:08	340
507		347	Wessels-Wilps, Frank	00:30:39	953		Moers	1967	47	M50	00:30:31	351
508		348	Schürmann, Karl-Heinz	00:30:39	911		Duisburg	1956	15	M60	00:30:21	346
509		349	Höner, Ingo	00:30:40	1482		BSG ENNI	1986	24	M30	00:30:28	348
510		350	Schwabe, Stephan	00:30:41	1478		BSG ENNI	1979	22	M40	00:30:29	350
511		351	Lohmann, Jörg	00:30:43	1436		AS Neukirchen-Vluyn	1968	48	M50	00:30:20	344
512	W	161	Hackert-Küpper, Barbara	00:30:47	1182		Projekt LebensWert g	1970	20	W45	00:30:37	166
513	W	162	Atasever, Claudia	00:30:50	2550		Darmgesund in Moers	1961	7	W55	00:30:35	165
514	W	163	Frohn, Andrea	00:30:51	1377			1972	21	W45	00:30:32	163
515	W	164	Latos, Aneta	00:30:54	3380		LT Vynen	1986	17	W30	00:30:31	162
516	W	165	Bucksteeg, Sandra	00:30:55	1521		NRZ-Heimatläufer	1974	22	W45	00:30:30	160
517		352	Niewrzoll, Siegfried	00:30:56	1344		TV Uftort-Eick	1951	6	M65	00:30:28	349
518		353	Närdemann, Dirk	00:31:02	1623		NRZ-Heimatläufer	1961	34	M55	00:30:48	356
519	W	166	Büchel, Elke	00:31:02	1452		Wochen Magazin Moe	1960	8	W55	00:31:00	177
520	W	167	Schwarz, Kirsten	00:31:03	1168			1971	23	W45	00:30:29	159
521	W	168	Zurell, Claudia	00:31:03	1698		NRZ-Heimatläufer	1966	14	W50	00:30:58	176
522		354	Schuler, Alexander	00:31:04	788		KIDO Runners Lerche	1981	45	M35	00:30:31	353
523		355	Atak, Adil	00:31:05	3184			1984	46	M35	00:30:48	357
524		356	Brauers, Thomas	00:31:07	1158			1958	16	M60	00:30:55	361
525		357	Kühn, Edmund	00:31:07	695		Moers	1968	49	M50	00:30:42	354
526		358	Almakoer, Feliks	00:31:09	456		Darmgesund in Moers	1987	25	M30	00:30:54	360
527		359	Heidmann, Volker	00:31:09	3247			1965	50	M50	00:31:06	367
528		360	Willhardt, Uwe	00:31:10	157		Vfl Repelen 08	1963	35	M55	00:31:07	369
529	W	169	Börke, Gabi	00:31:10	1072		Homberger TV	1965	15	W50	00:30:52	174
530		361	Szonn, Michael	00:31:10	3300			1971	42	M45	00:30:52	358
531	W	170	Klüm, Anna	00:31:11	3037		EDEKA	1965	16	W50	00:30:51	173
532	W	171	Monning, Maren	00:31:12	449			1977	28	W40	00:30:51	172
533	W	172	Heyng, Carolin	00:31:12	3058		EDEKA	1990	26	WHK	00:31:01	178
534	W	173	Wilms, Kathrin	00:31:12	3104		EDEKA	1979	29	W40	00:31:01	180
535	W	174	Kussel, Karin	00:31:13	3102		EDEKA	1963	9	W55	00:30:53	175
536	W	175	Tönges, Rieke	00:31:13	1380		Mobile-Massagen.eu	1980	15	W35	00:30:44	168
537	W	176	Getschmann, Sabine	00:31:13	1381		Mobile-Massagen.eu	1973	24	W45	00:30:44	167
538		362	Bleekmann, Stefan	00:31:13	211		Moers	1979	23	M40	00:31:00	363
539	W	177	Bongartz, Sophie	00:31:14	2295		Gym. Filder Benden	2007	31	WJ U18	00:31:05	185
540	W	178	Gruner, Anna	00:31:15	1392		LINEG	1990	27	WHK	00:30:45	170
541	W	179	Brinkmann, Dortje	00:31:16	3272			1973	25	W45	00:30:46	171
542		363	Bongartz, Mark	00:31:16	2294		Gym. Filder Benden	1969	51	M50	00:31:07	368
543	W	180	Brinkmann, Lilli	00:31:16	3274			2005	32	WJ U18	00:30:45	169
544		364	Brinkmann, Nikolaus	00:31:16	3283			1968	52	M50	00:30:45	355
545	W	181	Hövel, Susanne	00:31:17	288		AS Neukirchen-Vluyn	1966	17	W50	00:31:01	179
546		365	Voßhage, Stephan	00:31:17	1239			1986	26	M30	00:31:01	364
547	W	182	Zeihe, Ariane	00:31:21	1022			1976	30	W40	00:31:02	181
548		366	Holzwarth, Michael	00:31:21	1020			1972	43	M45	00:31:03	365
549		367	Rödel, Thomas	00:31:22	1401		LINEG	1963	36	M55	00:30:54	359
550	W	183	Piepenbrock, Annette	00:31:24	495		Tauw GmbH	1984	16	W35	00:31:04	182

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
551	W	184	Blesch, Kirsten	00:31:25	1194			1975	31	W40	00:31:04	184
552		368	Roberto Cocco, Roberto	00:31:26	253		Nordrhein-Westfalen	1962	37	M55	00:30:55	362
553		369	Scholz, Tobias	00:31:29	1218		TatzenPower	1977	24	M40	00:31:08	370
554	W	185	Monats, Melanie	00:31:29	1217		TatzenPower	1985	18	W30	00:31:09	186
555	W	186	Henrich, Verena	00:31:30	1492		Adler-Langlauf Bottro	1979	32	W40	00:31:18	192
556	W	187	Krahlisch, Petra	00:31:33	600		Duisburg	1969	18	W50	00:31:09	188
557		370	Meylahn, Herbert	00:31:33	608			1971	44	M45	00:31:20	372
558	W	188	Kopka, Maria	00:31:33	360			1987	19	W30	00:31:16	189
559		371	Valvano, Marco	00:31:33	1405		LINEG	1989	27	M30	00:31:03	366
560	W	189	Zvar, Sabrina	00:31:34	945			1980	17	W35	00:31:16	190
561		372	Tenbergen, Markus	00:31:35	1206		Fechtclub Moers	1967	53	M50	00:31:08	371
562		373	Pellen, Ferdi	00:31:36	835		TSV Weeze	1945	5	M70	00:31:25	373
563	W	190	Huf, Sonja	00:31:38	1570		NRZ-Heimatläufer	1985	20	W30	00:31:04	183
564	W	191	Meinke-Henn, Sabine	00:31:39	379		Stadtverwaltung Moe	1964	10	W55	00:31:28	194
565	W	192	Justen, Debbie	00:31:41	1581		NRZ-Heimatläufer	1971	26	W45	00:31:09	187
566		374	Oberneder, Kjell	00:31:42	2341		Gym. Filder Benden	2007	58	MJ U18	00:31:39	375
567	W	193	Keune, Christina	00:31:42	1019			1985	21	W30	00:31:28	193
568	W	194	Heuser, Claudia	00:31:44	1566		NRZ-Heimatläufer	1971	27	W45	00:31:17	191
569	W	195	Hasselbusch, Birgit	00:31:47	2537		Darmgesund in Moers	1957	6	W60	00:31:34	196
570	W	196	Gronen, Antje	00:31:48	3410		Speedy González	1970	28	W45	00:31:41	198
571	W	197	Henneken-Boos, Stefanie	00:31:53	2191		MTV Hockey	1975	33	W40	00:31:42	199
572	W	198	Pitsch, Gabi	00:31:53	1635		NRZ-Heimatläufer	1965	19	W50	00:31:31	195
573	W	199	Runge, Kerstin	00:32:02	199		Stadtverwaltung Moe	1964	11	W55	00:31:50	201
574		375	Rosenauer, Armin	00:32:03	259		Stadtverwaltung Moe	1994	47	MHK	00:31:49	377
575	W	200	Bastian, Britt	00:32:03	1454		Wochen Magazin Moe	1969	20	W50	00:32:02	206
576	W	201	Simon, Sarah	00:32:04	1463		Wochen Magazin Moe	1986	22	W30	00:32:01	205
577		376	Krahlisch, Jörg	00:32:06	594		Duisburg	1961	38	M55	00:31:43	376
578	W	202	van der Ende, Lenja	00:32:08	3232		AS-NV	2006	33	WJ U18	00:31:39	197
579		377	Neif, Thomas	00:32:08	2334		Gym. Filder Benden	1973	45	M45	00:31:58	381
580		378	Huf, Moritz	00:32:10	1569		NRZ-Heimatläufer	1989	28	M30	00:31:35	374
581	W	203	Weiler, Gaby	00:32:10	1686		NRZ-Heimatläufer	1974	29	W45	00:32:05	209
582	W	204	Novak, Rebecca	00:32:13	3364			1990	28	WHK	00:31:45	200
583		379	Koppers, Andre	00:32:14	1598		NRZ-Heimatläufer	1973	46	M45	00:31:59	382
584	W	205	Bärbeler, Sarah	00:32:14	831		Stadtverwaltung Moe	1987	23	W30	00:32:02	207
585	W	206	Müller, Rebecca	00:32:15	426			1976	34	W40	00:31:54	204
586	W	207	Schreinermacher, Kathrin	00:32:16	333		Moers	1995	29	WHK	00:32:13	211
587		380	van der Ende, Jörn	00:32:17	3223			1970	47	M45	00:31:50	378
588		381	van der Ende, Joel	00:32:18	3229			2006	59	MJ U18	00:31:50	379
589	W	208	Venmanns, Ulrike	00:32:21	3351			1980	18	W35	00:31:51	203
590	W	209	Krommen, Fabienne	00:32:21	3349			1992	30	WHK	00:31:51	202
591		382	Hochgreef, Frank	00:32:21	3354			1978	25	M40	00:31:52	380
592		383	Pötter, Heiko	00:32:27	687			1976	26	M40	00:32:04	383
593	W	210	Pötter, Mara	00:32:27	2219		MTV Hockey	2009	34	WJ U18	00:32:04	208
594		384	Steurer, Tobias	00:32:29	3177			1997	48	MHK	00:32:10	384
595	W	211	Stoffels, Anna	00:32:36	959		Selfkant Wehr	1994	31	WHK	00:32:06	210
596		385	Stolz, Erich	00:32:39	3213		Einzelkämpfer	1956	17	M60	00:32:25	390
597		386	Rosenau, Klaus-Michael	00:32:40	3069		EDEKA	1965	54	M50	00:32:30	393
598	W	212	Frank, Julia	00:32:40	697		Moerser TV Triathlon	1977	35	W40	00:32:16	212
599		387	Evers, Christian	00:32:42	258		Stadtverwaltung Moe	1971	48	M45	00:32:28	392
600		388	Schieffer, Ludger	00:32:43	1138		Die Asphalttschleicher	1960	39	M55	00:32:11	386
601		389	Gappmaier, Hubert	00:32:43	1137		Die Asphalttschleicher	1951	7	M65	00:32:11	385
602		390	Bossert, Johannes	00:32:45	1389		LINEG	1961	40	M55	00:32:16	387
603		391	Kantert, Denis	00:32:49	1147			1985	29	M30	00:32:33	394
604	W	213	Nellen, Ruth	00:32:49	1183			1960	12	W55	00:32:20	213
605		392	Nellen, Wolfgang	00:32:50	1184			1955	18	M60	00:32:21	389

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
606		393	Doganlar, Orkun	00:32:51	786		KIDO Runners Lerche	2002	60	MJ U18	00:32:19	388
607	W	214	Schubert, Christina	00:32:53	3047		EDEKA	1968	21	W50	00:32:37	214
608		394	Klein, Torsten	00:32:58	3042		EDEKA	1969	55	M50	00:32:25	391
609		395	Weiler, Dirk	00:32:58	1685		NRZ-Heimatläufer	1969	56	M50	00:32:52	400
610		396	Gozdzik, Gregor	00:32:58	665		Grafschafter Diakonie	1986	30	M30	00:32:44	396
611		397	Birkholz, Wolfgang	00:32:59	950		AS Neukirchen-Vluyn	1953	8	M65	00:32:42	395
612	W	215	Wichelmann, Margit	00:32:59	286			1972	30	W45	00:32:40	215
613		398	Kahl, Jürgen	00:33:01	3259			1960	41	M55	00:32:49	399
614	W	216	Kahl, Kerstin	00:33:01	1583		NRZ-Heimatläufer	1965	22	W50	00:32:49	217
615		399	Stenzel, Patrick	00:33:04	3056		EDEKA	1993	49	MHK	00:32:45	397
616		400	Steidl, Kurt	00:33:06	1382		TV Uftort-Eick	1951	9	M65	00:32:58	401
617	W	217	Bischoff, Melanie	00:33:09	1175		SV Neukirchen Turna	1997	32	WHK	00:32:52	220
618	W	218	Reimann, Kathrin	00:33:09	1174		SV Neukirchen Turna	1995	33	WHK	00:32:52	219
619	W	219	Berg, Maike	00:33:09	1360		SV Schermbeck e.V.	1975	36	W40	00:33:02	224
620	W	220	Spruzina-Dick, Tatjana	00:33:10	3113		EDEKA	1982	19	W35	00:32:51	218
621		401	Dr. Luchtenberg, Jürgen	00:33:10	1531		NRZ-Heimatläufer	1962	42	M55	00:33:07	406
622	W	221	Ingenbleek, Andrea	00:33:13	826			1969	23	W50	00:32:40	216
623	W	222	Hudasch, Frieda Luise	00:33:13	2315		Gym. Filder Benden	2008	35	WJ U18	00:33:05	225
624	W	223	Empelmann, Christine	00:33:15	1473		BSG ENNI	1966	24	W50	00:32:54	221
625		402	Janczyk, Klaus	00:33:15	764		Stadtverwaltung Moe	1971	49	M45	00:33:03	404
626	W	224	Rabinski, Margarete	00:33:15	1009			1985	24	W30	00:33:06	227
627	W	225	Hein, Alina Viktoria	00:33:15	137		Moers	2002	36	WJ U18	00:33:10	231
628		403	Wolf, Martin	00:33:16	1695		NRZ-Heimatläufer	1962	43	M55	00:32:46	398
629		404	Zöllner, Georg	00:33:18	1697		NRZ-Heimatläufer	1965	57	M50	00:33:02	402
630		405	Stoffel, Thorsten	00:33:19	3242			1970	50	M45	00:33:03	403
631		406	Albers, Frank	00:33:20	172		Dorsten	1976	27	M40	00:33:04	405
632		407	Malkowski, Jonas	00:33:23	853		Textra	1989	31	M30	00:33:20	410
633	W	226	Malkowski, Ursula	00:33:23	850		Textra	1960	13	W55	00:33:20	236
634	W	227	Neumann, Verena	00:33:24	448		AS Neukirchen-Vluyn	1975	37	W40	00:33:07	229
635	W	228	Lohmann, Heike	00:33:24	1435		AS Neukirchen-Vluyn	1969	25	W50	00:33:07	230
636		408	Kuhn, Winfried	00:33:25	2325		Gym. Filder Benden	1955	19	M60	00:33:20	412
637	W	229	Tholen, Laura	00:33:25	3094		EDEKA	1996	34	WHK	00:32:59	222
638	W	230	Brzeski, Christine	00:33:26	965		RSC Moers - Team Er	1973	31	W45	00:33:07	228
639		409	Kamann, Jens	00:33:30	388		Stadtverwaltung Moe	1973	51	M45	00:33:15	408
640		410	Aktosun, Selim-Sercan	00:33:30	217		Stadtverwaltung Moe	1981	47	M35	00:33:20	411
641	W	231	Wagner, Susanne	00:33:30	2192		MTV Hockey	1977	38	W40	00:33:06	226
642	W	232	Goletz, Monika	00:33:32	1555		NRZ-Heimatläufer	1971	32	W45	00:33:16	233
643	W	233	Marquardt, Nadine	00:33:34	213		Essen	1980	20	W35	00:33:19	234
644	W	234	Toschki, Barbara	00:33:35	3215			1965	26	W50	00:33:02	223
645	W	235	Wutzow, Ilka	00:33:38	536		Moers	1961	14	W55	00:33:37	243
646		411	Eichenauer, Gerd	00:33:39	1537		NRZ-Heimatläufer	1956	20	M60	00:33:35	414
647		412	Tinnefeld, Andreas	00:33:40	1259		OTV Endurance Team	1972	52	M45	00:33:14	407
648	W	236	Ongaro, Jessica	00:33:40	1258		OTV Endurance Team	1984	21	W35	00:33:13	232
649	W	237	Herlitz, Britta	00:33:41	2313		Gym. Filder Benden	1986	25	W30	00:33:33	242
650		413	Schankenberg, Ulrich	00:33:41	2352		Gym. Filder Benden	1975	28	M40	00:33:34	413
651	W	238	Tillmann, Anke	00:33:44	535		Moers	1971	33	W45	00:33:31	241
652	W	239	Thurau, Manuela	00:33:45	998		Duisburg	1974	34	W45	00:33:27	238
653		414	Stokvis, Dirk	00:33:46	2374		Gym. Filder Benden	1973	53	M45	00:33:36	416
654		415	Stokvis, Noah	00:33:46	2375		Gym. Filder Benden	2009	61	MJ U18	00:33:36	415
655	W	240	Dickhausen, Annette	00:33:49	3092		EDEKA	1967	27	W50	00:33:23	237
656	W	241	Birkenfeld, Anja	00:33:50	2292		Gym. Filder Benden	1974	35	W45	00:33:41	244
657		416	Schlink, Patrick	00:33:52	239			1987	32	M30	00:33:18	409
658	W	242	Bernhard, Nadine	00:33:52	238			1980	22	W35	00:33:19	235
659	W	243	Schnabel, Heike	00:33:53	1142		Fritz-Mühle-Runde	1956	7	W60	00:33:27	239
660		417	Fobbe, Rainer	00:33:54	1546		NRZ-Heimatläufer	1961	44	M55	00:33:50	420

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
661	W	244	Fobbe, Kirsten	00:33:54	1545		NRZ-Heimatläufer	1964	15	W55	00:33:51	250
662		418	Fänger, Bodo	00:33:55	573			1958	21	M60	00:33:39	417
663	W	245	Hasselberg, Anja	00:33:57	1414			1975	39	W40	00:33:29	240
664		419	Finkel, Gunther	00:34:00	869		Homberger Turnverei	1951	10	M65	00:33:44	418
665	W	246	Kühnle, Jasmin	00:34:02	531			1982	23	W35	00:34:00	253
666	W	247	Schwerdtfeger, Tanja	00:34:09	1493		LBN Duisburg	1976	40	W40	00:33:45	247
667	W	248	Hippler, Christiane	00:34:10	1299		Moerser TV-Hockey	1975	41	W40	00:33:51	249
668	W	249	Stöckert, Tanja	00:34:11	605		AS Neukirchen-Vluyn	1975	42	W40	00:33:54	252
669		420	Schröder, Thorsten	00:34:12	765		Stadtverwaltung Moe	1970	54	M45	00:33:59	424
670		421	Rohr, Christian	00:34:12	225		AS Neukirchen-Vluyn	1983	48	M35	00:33:54	421
671	W	250	Brilz, Marina	00:34:13	441		Oelde	1980	24	W35	00:33:43	246
672		422	Bosch, Harald	00:34:14	33		A.S. Örny	1966	58	M50	00:33:49	419
673	W	251	Sorgatz, Ive	00:34:14	772		Ev. Kinderheim Wesel	2006	37	WJ U18	00:34:12	259
674	W	252	Koths, Steffi	00:34:14	3355			1967	28	W50	00:33:45	248
675	W	253	Czudnochowski, Karin	00:34:15	1065		Homberger TV	1952	1	W65	00:33:43	245
676		423	Nitsch, Peter	00:34:16	1234			1962	45	M55	00:33:55	422
677		424	Biefang, Jörg	00:34:16	3206			1982	49	M35	00:33:55	423
678		425	Wolf, Horst	00:34:20	568		Team Flow	1951	11	M65	00:34:07	427
679	W	254	Schöneich, Annabell	00:34:23	1402		LINEG	1971	36	W45	00:33:53	251
680	W	255	Saul, Claudia	00:34:23	147			1984	25	W35	00:34:06	255
681	W	256	Koch, Susanne	00:34:23	149			1976	43	W40	00:34:06	256
682		426	Schlusen, Ulrich	00:34:28	1646		NRZ-Heimatläufer	1950	12	M65	00:34:06	425
683	W	257	Schlusen, Ursula	00:34:28	1647		NRZ-Heimatläufer	1956	8	W60	00:34:06	254
684		427	Schlusen, Thorsten	00:34:29	1645		NRZ-Heimatläufer	1980	50	M35	00:34:06	426
685		428	Heiming, Joseph	00:34:36	3344			1997	50	MHK	00:34:07	428
686	W	258	Hemmers, Svenja	00:34:36	3345			1995	35	WHK	00:34:09	257
687	W	259	Gaidt, Melanie	00:34:38	185		Moers	1980	26	W35	00:34:16	261
688		429	Baas, Ralf	00:34:38	187		FS Rheinkamp	1963	46	M55	00:34:10	429
689	W	260	Riemenschneider, Jessica	00:34:39	1358		jd_active_challenge	1994	36	WHK	00:34:10	258
690	W	261	Karkossa, Ljiljana	00:34:39	1359			1973	37	W45	00:34:17	262
691	W	262	Storm, Silke	00:34:41	433		Moers	1975	44	W40	00:34:20	266
692	W	263	Gäßner, Anka	00:34:42	1471		BSG ENNI	1969	29	W50	00:34:30	271
693	W	264	Ruminski, Saskia	00:34:42	2193		MTV Hockey	1983	27	W35	00:34:18	264
694	W	265	Perbix, Daniela	00:34:43	874		AS Neukirchen-Vluyn	1979	45	W40	00:34:26	268
695	W	266	Pehmöller, Lucy	00:34:45	2214		MTV Hockey	2008	38	WJ U18	00:34:14	260
696		430	Kellers, Ingmar	00:34:46	546		INEOS Solvents Germ	1967	59	M50	00:34:19	430
697	W	267	Wolterhoff, Cordula	00:34:47	150			1989	26	W30	00:34:17	263
698	W	268	Schneider, Nicole	00:34:48	1173			1981	28	W35	00:34:30	272
699	W	269	Pehmöller, Jenny	00:34:49	3285			1975	46	W40	00:34:18	265
700	W	270	Schülling, Laurina	00:34:50	2358		Gym. Filder Benden	2008	39	WJ U18	00:34:42	280
701		431	Müller, Heinz-Gerd	00:34:50	3249		TuS Xanten	1948	6	M70	00:34:45	433
702		432	Pehmöller, Markus	00:34:50	3284		MTV	1975	29	M40	00:34:20	431
703		433	Hafermann, Vincent	00:34:53	2304		Gym. Filder Benden	2007	62	MJ U18	00:34:46	434
704	W	271	Schmitz, Barbara	00:34:57	1653		NRZ-Heimatläufer	1949	2	W70	00:34:27	270
705		434	Koretz, Walter	00:34:57	1599		NRZ-Heimatläufer	1963	47	M55	00:34:27	432
706	W	272	Pötter, Susanne	00:34:58	685		Moers	1975	47	W40	00:34:35	273
707	W	273	Junior, Fentje	00:34:58	1337			1986	27	W30	00:34:25	267
708	W	274	Maeding, Silvia	00:34:59	12			1974	38	W45	00:34:27	269
709	W	275	Fuchs, Yvonne	00:35:03	467		Darmgesund in Moers	1973	39	W45	00:34:35	274
710	W	276	Eibel, Sylvia	00:35:06	1127			1971	40	W45	00:34:37	275
711	W	277	Lührs Dr., Anke	00:35:08	477		Darmgesund in Moers	1982	29	W35	00:34:41	279
712	W	278	Rosanowski, Annette	00:35:11	177		Stadtverwaltung Moe	1971	41	W45	00:34:59	282
713	W	279	Breidenbach, Julia	00:35:12	902		BSG Sparkasse am Ni	1992	37	WHK	00:34:39	276
714	W	280	Breidenbach, Anja	00:35:12	903			1966	30	W50	00:34:39	277
715	W	281	Ortmann, Mia-June	00:35:13	2343		Gym. Filder Benden	2008	40	WJ U18	00:35:05	286



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
716	W	282	Coblenz, Vanessa	00:35:13	905			1991	38	WHK	00:34:40	278
717	W	283	Becker, Mary	00:35:15	504		SC Bayer Uerdingen-t	1952	2	W65	00:35:10	287
718	W	284	Geiling, Melanie	00:35:19	126			1992	39	WHK	00:34:53	281
719		435	Becker, Herbert	00:35:23	503		TSV Meerbusch	1943	1	M75	00:35:19	441
720		436	Neubersch, Jens	00:35:23	414		Moers	1974	55	M45	00:34:52	435
721		437	Schmidt, Johannes	00:35:24	1650		NRZ-Heimatläufer	1955	22	M60	00:35:20	442
722	W	285	Riesbeck, Meike	00:35:24	3294			1984	30	W35	00:35:00	284
723		438	Leveringhaus, Ralf	00:35:25	754		Moers	1961	48	M55	00:35:00	436
724		439	Leveringhaus, Pascal	00:35:25	755		Grafschafter Gymnasi	2002	63	MJ U18	00:35:00	438
725		440	Bärbeler, Oliver	00:35:27	802		Stadtverwaltung Moe	1979	30	M40	00:35:14	440
726	W	286	Büskens, Jennifer	00:35:28	127			1982	31	W35	00:35:03	285
727	W	287	van Meegern, Daniela	00:35:31	861		Lintforter Krabbler	1979	48	W40	00:35:00	283
728		441	Dormann, Michael	00:35:31	860		Lintforter Krabbler	1974	56	M45	00:35:00	437
729		442	Kurek, Norbert	00:35:35	338		moers	1958	23	M60	00:35:03	439
730	W	288	Dahlems, Sabrina	00:35:55	784		KIDO Runners Lerche	1986	28	W30	00:35:22	288
731		443	Kirsch, Connor	00:35:56	785		KIDO Runners Lerche	2005	64	MJ U18	00:35:23	443
732	W	289	Spona-Tobias, Elke	00:36:00	179		Neukirchen-Vluyn	1959	9	W60	00:35:53	294
733	W	290	Glatzel, Silke	00:36:03	566			1974	42	W45	00:35:52	292
734	W	291	Heilmann, Stephanie	00:36:03	564			1982	32	W35	00:35:52	293
735	W	292	Exposito Rodriguez, Maria	00:36:07	3440		Lintforter Krabbler	1964	16	W55	00:35:35	289
736	W	293	Basner, Marina	00:36:09	552		BSV ThyssenKrupp St	1961	17	W55	00:35:49	290
737		444	Pfeiffer, Hermann	00:36:09	939		BSV ThyssenKrupp St	1954	13	M65	00:35:50	444
738	W	294	Sommer, Karen	00:36:18	3449		SV Neukirchen-Vluyn	1968	31	W50	00:35:59	296
739	W	295	Gerards, Jutta	00:36:18	1261			1964	18	W55	00:35:51	291
740	W	296	Bittner, Isabel	00:36:21	3123		EDEKA	1988	29	W30	00:35:57	295
741		445	Schäfer, Noel	00:36:24	751		CDU Moers	1995	51	MHK	00:36:01	445
742	W	297	Deja, Delia	00:36:25	227		Stadtverwaltung Moe	1961	19	W55	00:36:12	298
743	W	298	Weinberg, Davina	00:36:29	752		CDU Moers	1994	40	WHK	00:36:06	297
744		446	Kübel, Andreas	00:36:37	3057		EDEKA	1963	49	M55	00:36:10	446
745	W	299	Ruthmann, Birgit	00:36:37	676		AS Neukirchen-Vluyn	1966	32	W50	00:36:21	301
746	W	300	Lau, Ute	00:36:37	896		AS Neukirchen-Vluyn	1959	10	W60	00:36:21	300
747		447	Pikovnik, Michael	00:36:40	3084		EDEKA	1981	51	M35	00:36:21	447
748	W	301	Hörnemann, Janina	00:36:41	1160			1983	33	W35	00:36:24	302
749	W	302	Evers, Bettina	00:36:44	1193		AS Neukirchen-Vluyn	1966	33	W50	00:36:17	299
750	W	303	Naujoks, Sabine	00:36:56	3122		EDEKA	1972	43	W45	00:36:31	303
751	W	304	Liepold, Vanessa	00:37:04	804		Rodalben	1975	49	W40	00:36:32	304
752		448	Huppertz, Wilhelm Josef	00:37:07	1144			1953	14	M65	00:36:36	448
753	W	305	Lümen, Steffi	00:37:09	1376			1978	50	W40	00:36:34	305
754	W	306	Merrettig, Yvonne	00:37:09	1375			1978	51	W40	00:36:34	306
755	W	307	Bäck, Michelle	00:37:15	496		Tauw GmbH	1993	41	WHK	00:36:58	309
756		449	Kawohl, Dominik	00:37:15	842		Moers	1996	52	MHK	00:36:44	449
757	W	308	Hüsch, Daniela	00:37:15	841		Moers	1972	44	W45	00:36:42	307
758	W	309	Schilling, Bettina	00:37:20	1303			1964	20	W55	00:36:52	308
759		450	Heidemann, Karl-Heinz	00:37:44	3370			1958	24	M60	00:37:32	450
760	W	310	Mamerow, Maike	00:38:00	462		Darmgesund in Moers	1992	42	WHK	00:37:39	310
761		451	Mamerow, Tobias	00:38:01	3243			1990	53	MHK	00:37:40	451
762		452	Nolte, Julius	00:38:18	95		Filder Benden	2008	65	MJ U18	00:38:00	452
763		453	Nolte, Holger	00:38:19	1227		AS Neukirchen-Vluyn	1967	60	M50	00:38:02	453
764		454	Kulmer, Hans	00:38:30	897		Dawnrunners Buer	1943	2	M75	00:38:04	454
765	W	311	Kinzel, Rosemarie	00:38:30	284		Homberger TV	1955	11	W60	00:38:07	311
766	W	312	Kreitz, Ingrid	00:38:30	278		Homberger TV	1949	3	W70	00:38:08	312
767	W	313	Neif, Melanie	00:38:31	2335		Gym. Filder Benden	1975	52	W40	00:38:22	315
768		455	Helwig, Robert	00:38:35	466		Darmgesund in Moers	1936	2	M80	00:38:13	456
769		456	Tersteegen, Heinrich	00:38:39	3416		AS Neukirchen-Vluyn	1966	61	M50	00:38:13	455
770	W	314	Birkenstock, Anja	00:38:39	364		AS Neukirchen-Vluyn	1981	34	W35	00:38:21	314

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
771	W	315	Schwinge, Erika	00:38:41	1664		NRZ-Heimatläufer	1949	4	W70	00:38:19	313
772		457	Laakmann, Otto	00:39:00	522		FDP Moers	1946	7	M70	00:38:27	458
773		458	Laakmann, Jan	00:39:00	523		FDP Moers	1977	31	M40	00:38:22	457
774	W	316	Köhnlein, Celine	00:39:02	3175			2000	5	WJ U20	00:38:43	318
775	W	317	Eckhard, Christina	00:39:04	1166			1970	45	W45	00:38:29	316
776	W	318	Eckhard, Anja	00:39:04	690			1974	46	W45	00:38:29	317
777		459	Schwake, Wilfried	00:39:15	3450		SAG Moers	1945	8	M70	00:38:51	459
778		460	Toszkowski, Norbert	00:39:17	520		BSV ThyssenKrupp St	1970	57	M45	00:38:58	462
779		461	Marquardt, Ludger	00:39:17	915		BSV ThyssenKrupp St	1960	50	M55	00:38:57	461
780		462	Buchholz, Rainer	00:39:21	537		Kamp-Lintfort	1957	25	M60	00:38:56	460
781	W	319	Dominik-Tinnefeld, Sabine	00:39:32	1260		OTV Endurance Team	1973	47	W45	00:39:06	319
782	W	320	Angenendt, Frauke	00:39:34	532			1980	35	W35	00:39:31	321
783	W	321	Köppen, Jana	00:39:42	3103		EDEKA	1982	36	W35	00:39:21	320
784		463	Köppen, Dirk	00:39:42	3053		EDEKA	1970	58	M45	00:39:22	463
785	W	322	Soytoprak, Hatice	00:40:15	2373		Gym. Filder Benden	2006	41	WJ U18	00:40:07	322
786	W	323	Schmidt, Emma	00:40:40	2356		Gym. Filder Benden	2008	42	WJ U18	00:40:33	326
787	W	324	Loose, Mona	00:40:41	2327		Gym. Filder Benden	2007	43	WJ U18	00:40:33	327
788	W	325	Kamann, Sonja	00:40:44	390		Moers	1976	53	W40	00:40:30	325
789	W	326	Fath, Annette	00:40:45	70		Dinslaken	1968	34	W50	00:40:15	323
790	W	327	Gatzweiler, Nicole	00:40:45	226		Hünxe	1969	35	W50	00:40:15	324
791	W	328	Münstedt, Sandra	00:40:59	159		Krefeld	1986	30	W30	00:40:33	328
792	W	329	Eibel, Wilma	00:41:05	1126			1972	48	W45	00:40:37	329
793	W	330	Preis, Vanessa	00:41:21	801		Ev. Kinderheim Wesel	2003	44	WJ U18	00:41:18	331
794	W	331	Moormann, Ulrike	00:41:32	407		only for fun	1964	21	W55	00:41:07	330
795	W	332	Peters, Nancy	00:41:51	530			1980	37	W35	00:41:49	332
796	W	333	Lorkowski, Nadine	00:42:21	445		Moers	1978	54	W40	00:42:01	333
797		464	Brockhoff, Alexander	00:44:06	3088		EDEKA	1996	54	MHK	00:43:47	464
798	W	334	Petry, Bea	00:44:07	3089		EDEKA	1998	43	WHK	00:43:48	334
799	W	335	Heinrich, Lara	00:44:10	3085		EDEKA	1994	44	WHK	00:43:52	335
800		465	Krippahl, Daniel	00:44:10	3087		EDEKA	1990	55	MHK	00:43:51	465
801	W	336	Schmidbauer, Judith	00:44:26	3105		EDEKA	1967	36	W50	00:43:59	336
802	W	337	Klöpzig, Marina	00:44:36	489		Essen	1958	12	W60	00:44:10	337
803		466	Schulze, Willi	00:44:57	3166		Ski Club Düsseldorf	1936	3	M80	00:44:29	466
804		467	Ziemann, Jonas	00:45:14	512		Lauftreff Condor	2004	66	MJ U18	00:44:43	467
805		468	Steigerwald, Jerome	00:45:43	129			1993	56	MHK	00:45:18	468
806	W	338	Seidenberg, Saskia	00:45:43	130			1994	45	WHK	00:45:17	338
807		469	Birkenhagen, Leon	00:47:11	507		Lauftreff Condor	2004	67	MJ U18	00:46:38	469
808		470	Limperich, Johannes	00:48:52	1152		SAG Moers	1937	4	M80	00:48:19	470
809	W	339	Husemann, Bettina	00:49:59	174		Kamp-Lintfort	1959	13	W60	00:49:55	339
810	W	340	Husemann, Ann-Kathrin	00:49:59	173		Kamp-Lintfort	1990	46	WHK	00:49:55	340